

**F. Caring for Sof•Care Cushions**

Clean Sof•Care with a mild disinfectant or soap and water. Rinse, then wipe dry. **Do not use solvents or alcohol.**

**G. Additional Instructions for the Sof•Care II (Models SC-440, SC-460) Bed Cushion**

1. Cleaning the Nonwoven Surface

The nonwoven surface may be cleaned with a mild disinfectant or soap and water. Rinse the material, then blot dry.

2. Hand Grips

Hand grips are located on each side of the Sof•Care II Bed Cushion. These grips may be used for repositioning the Bed Cushion on the hospital mattress or to aid in transferring the patient to another surface.

**⚠ CAUTION**

**Check skin frequently. Consult physician if any redness or skin break occurs. Left untreated, serious injury could result.**

The Sof•Care and Sof•Care II Bed Cushions are intended for short term use and are warranted for 30 days. They may be used after discharge from a hospital as a transition product. The Sof•Care Plus is a long term Sof•Care Bed Cushion and is warranted for 180 days.

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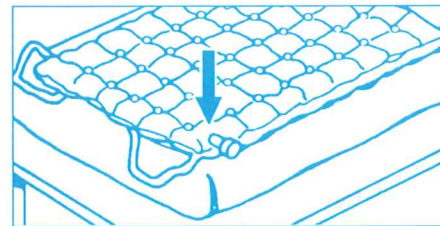
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**sof•care®**  
**BED CUSHIONS**

**Instructions for Use**

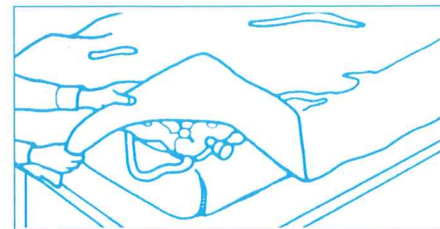
**A. Preparing the bed**



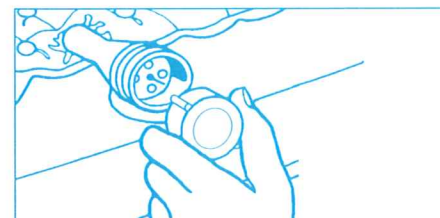
1. Standing at the foot end of the bed, unroll Sof•Care. The air valve will be on the right side.



2. Place corner straps around bed mattress. (Corner straps are designed to fit a standard hospital mattress.)

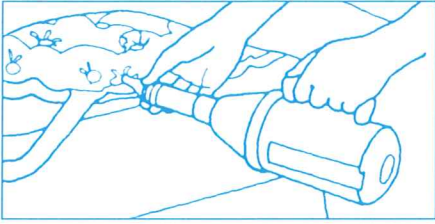


3. A Sof•Care Bed Cushion may be inflated with or without a patient on it. Place sheet and incontinence pad (if required) over Sof•Care.

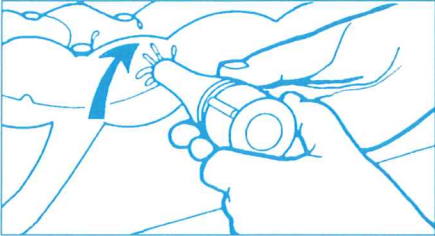


4. Unscrew the blue cap from the air valve.

## B. Inflating Sof-Care with a Gaymar SC-505 Inflator

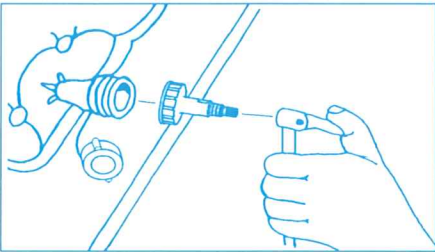


1. Insert Sof-Care Inflator into Cushion air valve. Turn on inflator for 60 seconds. Inflator automatically avoids putting too much air into the Bed Cushion.



2. Remove inflator, turn off, and **quickly** replace the blue valve cap **tightly**.

## C. Inflating Sof-Care with a hand-type bicycle pump



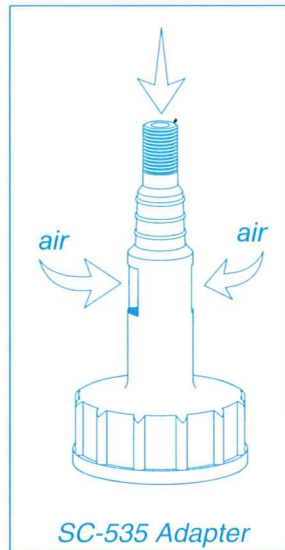
1. Use any hand bicycle pump. The patient must be off the cushion when inflating it.
2. Replace standard cap with a model SC-535 Sof-Care Bicycle Pump Adapter. Attach adapter to the Bed Cushion valve. Attach hose from bicycle pump to adapter and manually inflate the Cushion.

### NOTES:

- Inflate Sof-Care only with a Gaymar Inflator or a hand-type bicycle pump.
- Overinflation may damage the bed cushion.

Leave the side holes of the adapter open. The adapter allows air to enter through its side holes, enabling the cushion to inflate faster. The noise you will hear is the air being drawn in through the openings.

It takes approximately 200 strokes of a hand pump to properly fill a Sof-Care Bed Cushion. (It will take approximately 100 strokes before you will notice the Cushion starting to inflate.) With smaller hand pumps the number of strokes will increase to about 300.

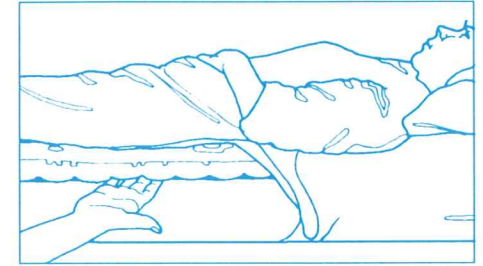


3. Remove adapter. Replace blue valve cap tightly.

4. Place sheet over Cushion and position patient on Sof-Care.

## D. Maintaining patient comfort and protection

The Sof-Care Bed Cushion normally has an underinflated appearance. It may seem to need more air when it really doesn't. The best way to determine if a Sof-Care Bed Cushion is properly inflated is by performing a *HAND CHECK*.

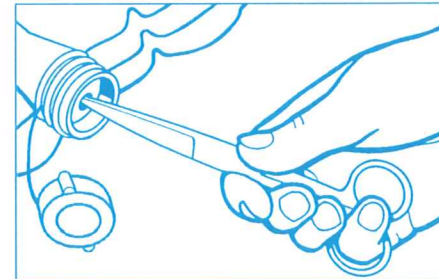


### To perform *HAND CHECK*:

Place hand under the Bed Cushion, beneath the patient's buttocks. Hand must be positioned with palm up and fingers flat. (If fingers are flexed, the *HAND CHECK* will be misleading.) If patient does not touch hand, the Bed Cushion does not require reinflation. If patient does touch hand, reinflate using an Inflator or a bicycle pump and adapter (shown in steps "B" or "C") until patient's buttocks no longer touch hand.

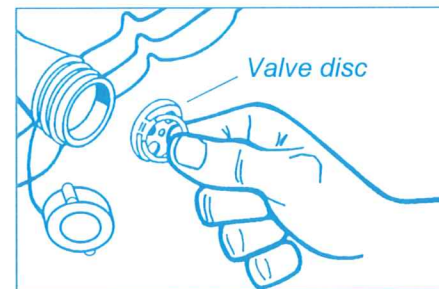
Perform the *HAND CHECK* every 8 hours and after each inflation.

## E. Deflating Sof-Care



1. Remove the air valve screw cap.

2. For slow or partial deflation: Insert scissors or other blunt probing device into one of the four holes in the valve disc. Air will escape slowly.



3. For fast or complete deflation, insert finger into tab and pull to remove valve disc from valve body.

### ⚠ WARNING

Deflate before CPR or CPR will be ineffective.